

On-Demand Counseling

Receive compassionate counseling for personal, family, and work-related concerns, so you can be supported when navigating life's challenges.

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Getting Started

Register

Access your On-Demand Counseling benefit by:
Visiting: www.supportlinc.com
Enter the code: **wellnesseap**
Phone: 877.638.5302
Or Text "Support" to 51230

01

Ask for Counseling

If asked, provide your Group ID: **wellnesseap**

02

Get Access Now

You're now ready to receive family support assistance, legal, financial planning advice, professional referrals, and more

03

What's Included in Your Plan

Virtual Consultations

Supporting individuals on topics such as anxiety, grief, depression, marital issues, and stress.

Legal Assistance

Free over the phone or face-to-face legal consultations.

Face-to-Face Referrals

3 in-person visits with a licensed behavioral health clinician.

Family Support Assistance

Consultations and referrals for everyday issues such as dependent care, auto repair, pet care, and more.

Financial Planning Advice

Expert financial planning and consultation services.



Scan to
Download App

Or visit:
"www.supportlinc.com"

